



WHERE LEUKEMIA MEETS ITS MATCH

Register to save a life.

Jonathan has leukemia and needs YOUR help!

Jonathan is a 32-year old athlete, sports fan and outdoor lover. He is as much at home hiking the trails around the Washington, D.C. area, where he grew up, as he is traveling the globe with his wife and college sweetheart. He is a devoted son, brother, friend and teammate, and is truly that person who would give a stranger the shirt off his back if needed.

Jonathan was diagnosed with Acute Myelogenous Leukemia, a very aggressive blood cancer, in March 2009. He underwent rounds of chemotherapy and unfortunately did not achieve remission with chemo alone. **His only chance is a bone marrow transplant and there are currently no matches on the registry.**

Please consider registering to become a bone marrow donor. You may be Jonathan's perfect match or a match for someone just like him!

www.teamhaupt.org



Jonathan Haupt

URGENT APPEAL!

Save the life of Jonathan or someone like him.

**Saturday July 11, 2009 at:
Reston Town Center
11900 Market Street
Reston, VA 20190
During the Reston Festival
10:00 am to 6:00 pm**

**Sunday July 12, 2009 at:
Northern Virginia Hebrew
Congregation (NVHC)
1441 Wiehle Avenue
Reston, VA 20190
10:00 am to 4:00 pm**

Potential donors must be between the ages of 18-55 and in good general health to register. For other eligibility requirements or to donate please go to www.dkmsamericas.org



**REGISTERING AS A BONE MARROW DONOR
IS MORE THAN A CHEEK SWAB.
IT IS A COMMITMENT TO HELP SAVE A LIFE.**

What is DKMS?

DKMS – Deutsche Knochenmarkspenderdatei (German for Bone Marrow Donor Center) – is the world's largest bone marrow donor center with nearly **2 million** registered donors. The goal of **DKMS** is to make more bone marrow donors available to patients around the world with leukemia and other blood cancers who are in need of a transplant. **DKMS** has facilitated more than **17,000** transplants since 1991.

What are the basic eligibility requirements?

- Between the ages of **18** and **55** and in good general health
 - Not be severely under or over weight
 - Not be HIV positive
 - Not have severe heart disease
 - Not have a personal history of cancer*
 - Not have severe asthma (daily inhalers are acceptable)
 - Not have diabetes requiring insulin
 - Not have hepatitis
 - Not have epilepsy
 - Not have chronic or severe back problems or surgery.
 - Not have autoimmune disorders such as lupus, rheumatoid arthritis or multiple sclerosis
- ***Cervical, breast and bladder cancer (stage 0) and cured skin cancer are acceptable.**

What is my commitment if I register?

You:

- Will also be listed on the national Be the Match Registry until your 61st birthday, unless you ask to be removed
- Will consider donating to **any** searching patient who needs a bone marrow transplant
- Will keep **DKMS** updated if your contact information changes

How do I become a bone marrow donor?

- You need to meet the eligibility requirements and understand your commitment
- You need to complete a registration form
- You need to swab your cheeks using a cotton-tipped swab to collect cheek cells which will identify your HLA tissue-type

Why YOU are so important as a bone marrow donor?

- Every **10** minutes blood cancer takes a life.
- Leukemia is the most common disease children and young adults in the U.S die of, and a bone marrow transplant may be their only chance for survival.
- Only **3** out of every **10** patients will receive the transplant that could save their lives.

What is the donation process like?

- If you are found to be a match, a DKMS representative will contact you.
- You will answer a health questionnaire, and if all is fine, you will go on for additional testing. (blood test and physical exam)
- If you are still the best suitable donor, you will go on to donate in **1** of **2** ways.

1. Peripheral Blood Stem Cell (PBSC) – This procedure, called apheresis, involves receiving a medication that increases the number of the donor's blood cells and then these cells are collected directly from the blood stream. **Some donors have reported some bone or muscle aching, but the side effects disappear shortly after the collection.**

2. Bone Marrow Extraction - Marrow donation is a surgical procedure, usually outpatient. With this procedure, the cells are directly collected from the pelvic bone. **Most patients report some soreness in the lower back for a few days after the donation, but nothing that should prevent you from your daily activities. (No Heavy Lifting/Strenuous Workout).**

Other Ways YOU can help

- Make a **monetary contribution** at **www.dkmsamericas.org**, or write a check made payable to **DKMS Americas**
- Organize a bone marrow donor drive in your community, at your office or school
- Encourage eligible family members and friends to register with **DKMS**
- Join us on MySpace and Facebook and follow us on Twitter. Enter **DKMS Americas**.
- Help **DKMS** raise funds. Organize a fundraiser or go to Firstgiving.com and create your own DKMS Americas fundraising page